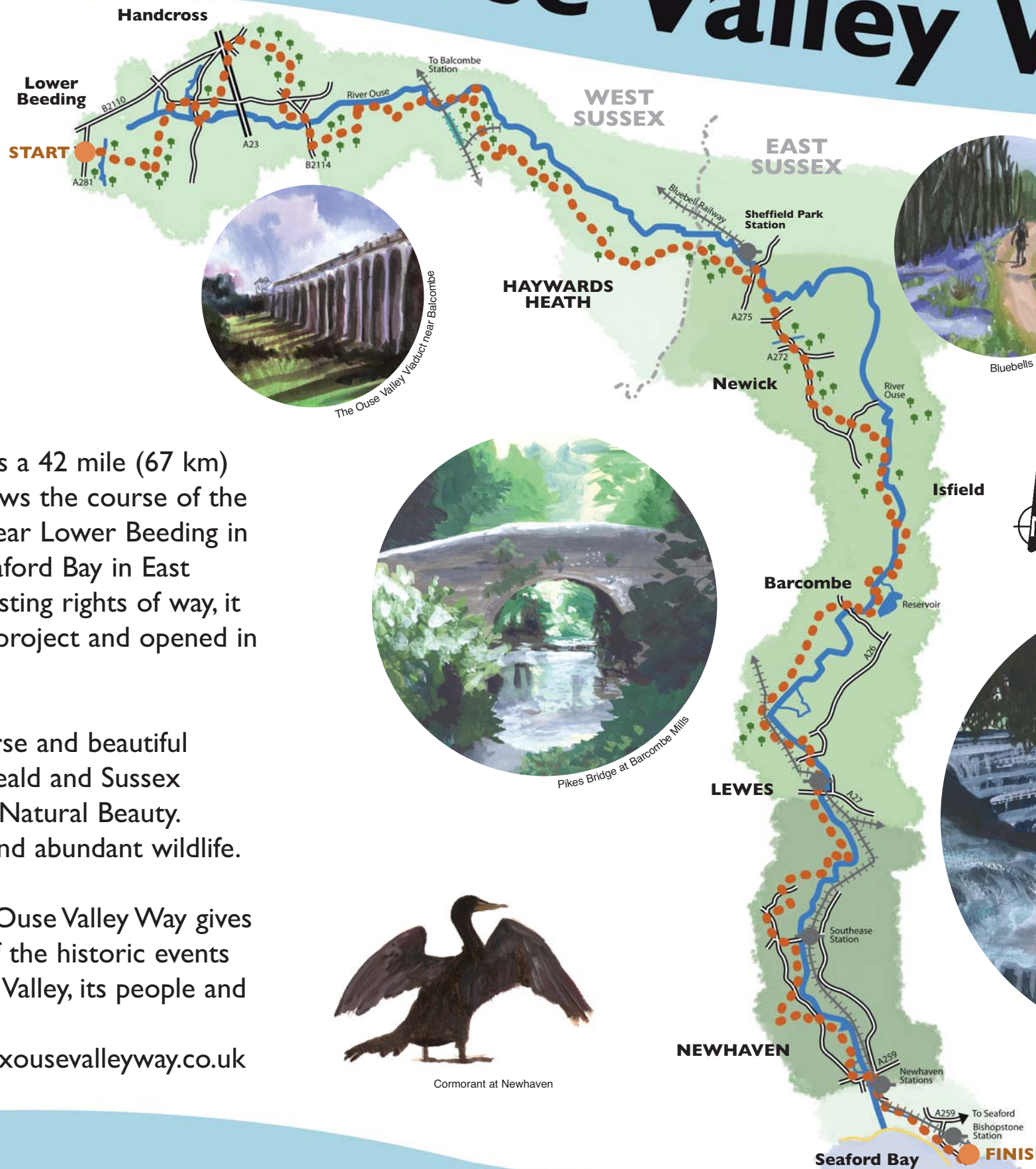


The Sussex Ouse Valley Way



The Infant Ouse



The Ouse Valley Viaduct near Balcombe



Bluebells in Wapsbourne Wood near Sheffield Park



Pikes Bridge at Barcombe Mills



Falls at Isfield



Kingfisher



Cormorant at Newhaven

The Sussex Ouse Valley Way is a 42 mile (67 km) long distance footpath. It follows the course of the River Ouse from its source near Lower Beeding in West Sussex to the sea at Seaford Bay in East Sussex. Running mainly on existing rights of way, it was created as a partnership project and opened in 2005.

The Way passes through diverse and beautiful scenery, including the High Weald and Sussex Downs Areas of Outstanding Natural Beauty. There is a wealth of history and abundant wildlife.

A guide book for the Sussex Ouse Valley Way gives full details of the route and of the historic events that have helped to shape the Valley, its people and wildlife.

It is available from www.sussexousevalleyway.co.uk



- Path
- Road
- Railway
- Station
- River
- Woodland
- County Boundary
- High Weald AONB
- Low Weald
- Sussex Downs AONB

Scale 0 1 mile / 1 km